

Voice For Island Seniors

OCTOBER • 2019



Published by The Guardian



PEI Senior Citizens' Federation executive committee members prepare for the organization's October gathering in Summerside. (back row) Treasurer Cathy Hellmich, Secretary Barbara Wright MacKenzie, 1st Vice President Janet MacLellan, 2nd Vice President Debbie Mullen-Campbell. Front row, President Russ Noiles and Past President Don Sanderson.

INSIDE

PAGE 4

Rustico Bay
On the move

PAGE 6

Location change
But people make the place

PAGE 14

Tweeting
No longer just the sounds of birds

Our Yesterdays

ABSTRACTS FROM THE GUARDIAN COMPILED BY LINDA HARDING

25 years ago . . . October 5th 1994

City Police Deny Causing Death of Motorcyclist. Several city police officers testified Tuesday that Steven Johnston wasn't chased to his death as he raced down Charlottetown streets on his motorcycle.

50 years ago . . . October 1st 1969

Further Housing Being Considered. The P.E.I. Housing Authority is considering the possibility of constructing twenty more low cost housing units in Charlottetown to complement the eighteen units that have already been completed on Upper Queen Street.

75 years ago . . . October 4th 1944

Temperance Federation in Session. The Temperance Federation's annual meeting was held yesterday at the YMCA building. A delegation announced that an assurance was given by acting Premier Barbour that no change would be made in the Prohibition Act without first informing the Prince Edward Island Temperance Federation of the Governments intentions.

100 years ago . . . October 1st 1919

Exhibition at Souris a Great Success. Yesterday was exhibition day at Souris. The weather was fine except for a couple of slight showers. A great number of people were in attendance. Visitors from along the line of St. Peters, Morell, and Elmira were especially in evidence and a considerable number were present from Charlottetown, some going up in their motor cars.

125 years ago . . . October 1st 1894

The Prince Edward Island Hospital Medical Board now consists of Dr. Hobkirk as Consulting Physician, Dr. Johnson, Dr. Taylor, Dr. Beer, Dr. Dawson, Dr. Warburton, and Dr. MacKay.

Linda Harding is a genealogist with a passion for old newspapers.

Crokinole scores

BY ALMA STEEVES

July 30th St. Peter's Circle Club

Ladies: Norma Laird, Hazel MacKenzie, Heidi Hitzelberger. Men: Lawson Lea, Cyril Harper, Grant Laird. 50/50: Gerald MacDougall.

August 1st Hunter River

Ladies: Margaret MacKinley, Gloria Matheson, Evelyn Smith. Men: Lawson Lea, Wilfred Smith, Blois Weeks. 50/50: Wilfred Smith.

August 6th St. Peter's Circle Club

Ladies: Heidi Hitzelberger, Phyllis MacSwain, Norma Laird. Men: Lawson Lea, Brad Barnes, Garth Lea.

August 8th Hunter River

Ladies: Anne Nicolle, Mary Cousins, Gloria Matheson. Men: Doug Neill, Freeman Simmons, Kevin Dennis. 50/50: Anne Nicolle.

August 13th St. Peter's Circle Club

Ladies: Heidi Hitzelberger, Hazel MacKenzie, Janice MacLean. Men: Lawson Lea, Cyril Harper, Ewen MacPhail.

August 15th Hunter River

Ladies: Margaret MacKinley, Hazel MacKenzie, Irene Bernard. Men: Doug Neill and Wilfred Smith, David Younker, Richard Hitzelberger. 50/50: Gerard Gill.

MORE SCORES, PAGE 3

VOICE FOR ISLAND SENIORS

Voice for Island Seniors is the monthly publication of the P.E.I. Senior Citizens' Federation Inc. It is published on the first Wednesday of each month in collaboration with The Guardian, and distributed in The Guardian. Deadline for editorial material is the 15th of the month preceding publication. Articles should be sent to one of the Editorial Committee members listed below.

Send articles to:

voiceforislandseniors@gmail.com

or mailed to:

Linda Jean Nicholson, managing editor
P.E.I. Senior Citizens Federation,
40 Enman Cres., Charlottetown, C1E 1E6

EDITORIAL COMMITTEE

Linda Harding
Barbara Young

ADVERTISING SALES

Advertising is handled by The Guardian, P.O. Box 760, Charlottetown, P.E.I. C1A 4R7

Contact: Retail sales

(902) 629-6000

SUBSCRIPTIONS

Yearly subscriptions available - Price \$25 Cdn and \$35 US
They are available from: P.E.I. Senior Citizens' Federation,
40 Enman Crescent, Charlottetown, P.E.I., C1E 1E6
(902) 368-9008; Fax: (902) 368-9006 •
TOLL FREE: 1-877-368-9008

The Voice for Island Seniors can be found at these locations across Prince Edward Island:

- ◆ Mt. Stewart Mainway
- ◆ Souris Co-op
- ◆ North Rustico Co-op
- ◆ Cornwall Save Easy, Cornwall Mall
- ◆ Senior Citizens' Federation, 40 Enman Crescent
- ◆ Seniors Active Living Centre,
- 550 University Ave., CARI Centre
- ◆ Summerside Medicine Shoppe
- ◆ Waugh's Quik Mart, Summerside
- ◆ Ceretti's Irving, Borden
- ◆ Kinkora Convenience Store
- ◆ Ramsay's Pharmacy, Kensington
- ◆ Journal Pioneer Office, Summerside
- ◆ Wellington Co-op

- ◆ Tyne Valley Pharmacy
- ◆ MacNeills Store
- ◆ The Medicine Shoppe
- ◆ Guardian Drug, O'Leary
- ◆ Alberton Pharmacy, Alberton
- ◆ Journal Pioneer Office, Alberton
- ◆ Tignish Health Centre

The views expressed are those of the authors and are not necessarily endorsed by the P.E.I. Senior Citizens' Federation or The Guardian. Articles may be reproduced only with permission from the Federation. Although every precaution is taken to monitor the advertising, the claims made by advertisers are not necessarily endorsed by either the Federation or The Guardian.

Your
news
when you
want it.



Subscribe to The Guardian
e-Edition today. Visit www.theguardian.pe.ca

PRESIDENT'S REPORT

Join us in Summerside

Greetings from your Senior Citizens Federation.

Devastating is one word to describe hurricane Doiron, and another is gone.

It was the worst storm we have ever encountered and as the cleanup continues, we hope the harvest season will reveal healthy crops with little damage. Climate change is not doing Prince Edward Island any favors.

On a positive note, the great harvest moon in all its glory has come and gone, but it was spectacular in the night sky.

This is a busy month at the Seniors' Federation.

This month we are still accepting applications for the LEAP program. Keep in mind the deadline is October 31st, so get your application in soon.

Our general meeting is also coming up on October 24th in Summerside at the Credit Union Place. Come on out and enjoy the fun and fellowship. We have some interesting speakers, great food and lots of door prizes. We are very pleased to have Reg "Dutch" Thompson sharing with us from his collection of Island stories and memories. You can expect his show to make you laugh and cry and long for more. Please keep in mind the deadline for registering for the meeting is October 17th at 4 pm.

Our Executive Committee met recently to discuss a variety of topics, including the upcoming meeting. Our full Board of Directors will meet next month. We have a great group of people on our board who volun-



President's
Report
Russ Noiles

teer their time and energy for the good of all Island seniors.

I had the privilege to be invited to represent our Federation at Fanningbank on September 18th. The gathering was hosted by the Alzheimer's Society in recognition of World Alzheimer's Day. Sadly there are 2,600 reported cases of different types of dementias on the Island. Please educate yourself in spotting early signs of this disease.

And finally, the Federal election is on October 21st. So, pick your candidate and VOTE. Also, be careful and on the lookout for ghosts and goblins at the end of the month.

Happy Halloween!

President's thought of the month: Be kind whenever possible, and it's always possible.

Russ Noiles is President of the P.E.I. Senior Citizens' Federation Board of Directors. He resides in Lower Montague with his wife Ruth.



Anywhere, Anytime.

The Guardian keeps you informed and up to date anywhere, anytime.

Crokinole scores

August 20th St. Peter's Circle Club

Ladies: Hazel MacKenzie, Heidi Hitzelberger, Janice MacLean.
Men: Richard Hitzelberger, Cyril Harper, Lawson Lea.

Monaghan, Hazel MacKenzie.
Men: Cyril Harper, Lawson Lea, Don Sanderson. 50/50: Gerard Gill.

August 21st Kensington Harvest Festival

1st Wilfred Smith and Lawson Lea, 2nd Blois Weeks and Hazel MacKenzie, 3rd Margaret MacKinley and Mary Cousins. Most Centers: David Hunter and Dixie Vickerson.

August 29th Hunter River

Ladies: Gloria Matheson, Dixie Vickerson, Hazel MacKenzie.
Men: Lawson Lea, Wilfred Smith, Doug Neill. 50/50: Jane Younker.

September 3rd St. Peter's Circle Club

Ladies: Hazel MacKenzie, Dianne Gill, Maureen Monaghan.
Men: Richard Hitzelberger, Lawson Lea, Gerard Gill. 50/50: Don Sanderson.

August 22nd Hunter River

Ladies: Dixie Vickerson, Norma Laird, Heidi Hitzelberger. Men: Freeman Simmons, Richard Hitzelberger, Bill Nicolle. 50/50: Gerard Gill.

September 5th Hunter River

Ladies: Norma Laird, Gloria Matheson, Margaret MacKinley. Men: Cyril Harper, Richard Hitzelberger, Gerard Koughan. 50/50: Flo Dennis.

August 27th St. Peter's Circle Club

Ladies: Norma Laird, Maureen

MORE SCORES, PAGE 4

OPTION + PAPER TOWELS JUMBO 8 ROLLS \$3⁹⁹		DISCOUNT DAYS AT SHERWOOD DRUG MART PharmaChoice <small>P.E.I.'S Oldest Family Run Drugstore</small> FREE Delivery on Prescriptions	
CASCADE PLATINUM 39 FRESH SCENT ACTION PACS <small>Reg 19.99</small> \$7⁹⁹	OPTION + 510g HYDRALAX POWDER <small>Reg. 19.99</small> \$12⁹⁹	OPTION + FACIAL TISSUE <small>70 or 88 3ply or 126 2ply</small> 69¢	
OPT + 8 ROLL DOUBLE BATHROOM TISSUE \$3⁹⁹	JAMIESON VITAMIN D <small>1000 IU 200+40 Bonus</small> <small>Reg. 10.99</small> \$3⁹⁹ <small>WITH INSTORE COUPON</small>	OLD DUTCH CHIPS OR HUMPTY SNACKS <small>255-280g</small> \$1⁹⁹	COKE PRODUCTS <small>12pk Cans</small> 2⁹⁹
PRICES IN EFFECT UNTIL OCTOBER 6TH CHECK US OUT ON FACEBOOK			
15% SENIORS DISCOUNT EVERYDAY!			
ORAL B PRO 1000 RECHARGEABLE TOOTHBRUSH <small>REG 99.99</small> \$39⁹⁹			<small>7704796</small>
<small>While quantities last. We reserve the right to limit quantities. Hours: Mon-Fri 8:30-9, Sat 9-8 & Sun 10-6 19 Brackley Pt. Rd. • Ph. 628-8900 • www.sherwooddrugmart.ca</small>			

NOTES FROM SENIORS CLUBS



The Rustico Bay Seniors' Club was recently hosted by Lieutenant Governor Antoinette Perry during a day trip to Government House, Beaconsfield and Orwell Corner.

Rustico Bay Seniors

The weather cooperated beautifully for a fun and informative day trip organized recently by the Rustico Bay Seniors Club. Twenty-one club members and guests from the

Rustico area participated in a bus tour to the home of the Lieutenant Governor, Beaconsfield and Orwell Corner.

Her honor Lieutenant Governor Antoinette Perry welcomed the group to her lovely home. The staff at Government House provided them with a delicious lunch followed by a tour of the home.

The group then went to Beaconsfield, where they were guided through the house by a very inter-

esting and knowledgeable guide. Then, they proceeded to Orwell Corner Historic Village where they ate and enjoyed entertainment by fiddler Megan Lefort and Ward Macdonald before taking a ride in the farm wagon and touring the 1890s village and farm.

"What a great site to visit," said club president Art Buote. "Everyone enjoyed their day."

Funding for the day trip was provided by the Seniors' Secretariat.

Crokinole scores

September 12th Hunter River

Ladies: Gloria Matheson, Margaret MacKinley, Linda Lea.
Men: Lawson Lea, Cyril Harper, Wilfred Smith. 50/50: Allan Somers.

September 21st 55 Plus Summer Games at St. Peter's

Ladies: Dixie Vickerson, Jean MacRae, Margaret Wigginton.
Men: George Doughart, Gerard Koughan, Lawson Lea. Doubles: 1st Lawson Lea and Wilfred Smith, 2nd Gerard Koughan and David Hunter, 3rd Fenton MacSwain and Del Moore.

POEM

DRY BREAD BY CLARE MULLEN

Well, I sat in the car all day long.
Wrapped in paper, now I'm singing
this song.

Well, her benefit cheque went to
the bank.

She needed groceries, so she called
her son Hank.

I was placed on the top of her
carrying bag.

Hank stopped for the mail and he
did a zigzag.

Now I was dumped on the floor
and she can't see me.

She took her things in the house,
now here I'll be.

I'll be lost for a day or two, just
wait and see.

I'll be dry, dry, it will make her cry,
oh dear me.

Now I will be toast, toast for the
rest of the week.

I'll be put in stuffing, since I passed
my peak.

MS FACT #5

MS is the most common neurological disease affecting young adults in Canada.

Multiple Sclerosis
Society of Canada

1-800-268-7582

16.8 km St Louis: Start at Confederation Trail on Center Line Rd in Alma. West on Center Line Rd to right on Dunbar Rd, left on Union Rd, right on Thompson Rd, right on DeBlois Rd, right on Confederation Trail, cross Union Rd back to start.

South Loop 7.4 km: Start at Confederation Trail and Union Rd. South on Trail to right on Center Line Rd, right on Dunbar Rd, back to start.

North Loop 9.4 km: Start at Confederation Trail and Union Rd. West on Union Rd to right on Thompson Rd, right on DeBlois Rd, right on Confederation Trail, back to start.

Distance km	16.8	7.4	9.4
Elevation Gain m	75	47	38
Hill Index	4	6	4
Grid Reference	B2		

Is your central vision becoming blurred?

Macular degeneration is the leading cause of blindness in Canada. If you experience any change in vision, consult your eye-care professional.



1-800-513-7813
www.cnib.ca

ISLAND TRAMPS

WALKING ROUTE
ST. LOUIS
BY FRAZER SMITH

This 16.8 km (10½ mile) walking route through St. Louis may be more than you want to take on, but as you can see, it is easily divided into two shorter and easily managed loops. On the south loop, the Confederation Trail is sometimes well sheltered by the woods while the Dunbar Road is flanked by open fields most of the way.

On the north loop, as a remnant of the bygone railway days, you will find a warehouse tightly abutting the trail.

Just north of this warehouse keep your eyes peeled for a rare wild American Elm tree growing in the

damp ground beside the trail. And, watch out for snakes on this route. (Don't worry about the snakes. They are harmless.)

Before or after walking this route, visit Shea's Store in St. Louis. It is probably one of the largest and best stocked "country" stores on the Island.

Getting there: Take Western Road (Route 2) up west and a few clicks south of Tignish hang a left on the Center Line Road or a little further on the Union Road to your chosen starting point.

For more Island Tramps new bonus routes visit www.sites.google.com/site/peislandtramps.

Anywhere, Anytime.

The Guardian keeps you informed and up to date anywhere, anytime.



Monthly Service Centre Clinics

**Wednesday,
October 2**

9am to 12pm

Montague

Riverview Manor

CANCELLED

9am to 12pm

Souris Hospital

By Appointment

**Thursday,
October 17**

10:00 am – 1:00 pm

O'Leary Health Centre

**Wednesday,
October 23**

10:00 am – 2:00 pm

Tignish Health Care
Centre

By Appointment



Hearing Aid Centre

We Service All Makes & Models • FREE hearing test for Seniors

902-894-8455 • TOLL FREE 1-877-994-8455

DVA, WCB & RCMP APPROVED

ISLAND GENEALOGY AND HISTORY

The More Things Change . .

Preparations for our upcoming move to the Atlantic Technology Centre are well under way here at the Public Archives and there's certainly no shortage of work to be done. The news that Charlottetown's public library is also upping stakes puts me in mind of past moves along these lines.

In the late 1920's, talk in Charlottetown was of a new facility to house the Legislative Library, public library and an art gallery. The Legislature passed a resolution to that effect in April of 1929:

Resolved, that it is expedient to erect a building in part of the Market Square in the City of Charlottetown to house the Legislative and Public Library and a Picture Gallery to be known as The Robert Harris Memorial Gal(l)ery.

That a Board of seven trustees shall become a body corporate to manage, regulate and control the Library and Picture Gallery. That such Board may acquire by purchase, gift, devise, bequest real and personal estate and execute any instrument required or necessary to be executed in connection with any transaction.

That the cost of heating, lighting, water supply, insurance, Janitor's salary, repairs of building shall be a charge in equal shares upon the rev-



John
Boylan

enues of the Province and the City of Charlottetown.

That the salaries of the Librarian and One Assistant shall be provided by the Government of the Province.

Work started soon after. The Guardian of October 7, 1929 reported that construction was well underway. Among the usual details of layouts and lighting was an aspirational note about the design. Not only would there be accommodation for upwards of 25,000 books, the "simple yet chaste and artistic . . . design . . . will undoubtedly exert a marked influence for the higher things of life upon residents of this favoured city and province, for generations to come."

The new facility was up and running by the time head librarian A.D. Fraser filed his 1930 annual report. It reminds me, as always, of the role librarians played as de facto archivists before the Public Archives was established in 1964:

Report of the Legislative and Public Library, 1930.

The number of books received and

catalogued during the year was nine hundred and twenty-seven (927); sixty-seven (67) for the Legislative Library and eight hundred and sixty (860) for the Public Library. Total number of books received during previous year, four hundred and five (405).

The books, reports and pamphlets in the Legislative Library now number approximately fifteen thousand (15,000) and in the Public Lending Library, four thousand five hundred (4,500).

The number of books, magazines and pamphlets issued from the Library for home reading in town and country during the year, was thirty-three thousand nine hundred and forty-four (33,944), being six thousand, nine hundred and sixty-six (6,966) more than were taken out in the preceding year, showing a very large increase in circulation since the opening of the new Library.

The Library is still very much in need of more books of general and current literature and especially of appropriate books for the young.

A long felt want has at length been supplied – a number of appropriate cases have been furnished in the basement for the files of the Island newspapers, and so now, we have these valuable tomes in a fire-proof

apartment where they are carefully stored and easily accessible to any one who may have occasion to refer to them.

-A.D. Fraser, Librarian

A.D. Fraser was Georgetown native Ambrose David Fraser. Fraser taught school, wrote for both the Guardian and the Patriot, and served as purser on the Charlottetown-Southport ferry before beginning a library career stretching over thirty years. When Fraser died in 1936 the Guardian ran a heartfelt tribute on January 9th:

One of the Province's most esteemed citizens passed away yesterday afternoon, at the age of 80 years, in the person of Mr. A.D. Fraser, Librarian of the Legislative and Public Library, Charlottetown.

In addition to his duties as librarian, Mr. Fraser gave valued assistance in drafting legislation and in compiling information for the use both of the Legislature and the general public. No subject seemed alien to him; his grasp of details was no less surprising than his wide range of knowledge.

Newspaper men, legislators, lawyers, tourists – everyone seeking out-of-the-way information came to Mr. Fraser at the Public Library in their difficulties, and he responded with unfailing courtesy and kindness.

A lovely reminder, I think, that people make the place.

John Boylan is the Public Services Archivist at the Public Archives and Records Office of P.E.I.

NEWS. THERE'S AN APP FOR THAT!



FOOD

Recipe Corner

**HOSTED BY THE
SHAMROCK SENIORS CLUB
IN FORT AUGUSTUS**

**FUDGE SQUARES AND
ICING**
**SUBMITTED BY MARLENE
HUGHES**

1 cup brown sugar
 ½ cup butter
 1 egg
 1 tsp. vanilla
 1 cup flour
 1 tsp. baking powder
 1 tsp. salt

In large bowl, cream together brown sugar and butter. Mix in egg and vanilla. In small bowl, sift together flour, baking powder and salt and add to creamed mixture. Press into greased 8 X 8 baking pan. Bake for 30 minutes at 350°F.

Icing:
 ¼ cup butter
 2 Tbsp. milk
 ½ cup brown sugar
 ½ tsp vanilla
 ¾ cup icing sugar

In saucepan add butter, milk and brown sugar. Bring to boil for 2 minutes and remove from heat. Add vanilla and icing sugar and beat mixture until smooth. Spread on the fudge squares. Cut the iced squares when cool.

**GRANNY'S PEANUT BUT-
TER COOKIES**
**SUBMITTED BY DONNA
NEWTON**

1 cup butter, softened
 ¾ cup white sugar
 ¾ cup brown sugar
 2 eggs, beaten
 1 tsp. vanilla
 1 cup peanut butter
 1¼ cups all purpose flour
 ¾ cup rolled oats
 1 cup wheat bran
 2 tsp. baking soda

In large bowl, beat together softened butter with the sugars, eggs, vanilla, and peanut butter. In a separate bowl, combine flour, oats, wheat bran, and baking soda. Stir dry mixture into butter mixture until well combined. Using a teaspoon, drop cookies onto ungreased cookie sheets. Bake at 350°F for 15 to 18 minutes.

BROCCOLI SALAD
**SUBMITTED BY GAIL
HUGHES**

2 heads broccoli, cut into bite size pieces
 ¼ red onion, diced
 1 pkg. bacon, cooked and in pieces
 ½ cup raisins
 ¼ cup almonds, sliced

Sauce:
 1 cup mayonnaise

½ cup sugar
 2 Tbsp. vinegar

In large bowl, combine broccoli, onion, bacon, raisins and almonds.

Sauce: In small bowl, combine mayonnaise, sugar and vinegar. Gently stir sauce into broccoli mixture and serve.

ORANGE COOKIES
**SUBMITTED BY GAIL
HUGHES**

½ cup butter
 ½ cup shortening
 ½ cup white sugar
 ½ cup brown sugar
 1 egg
 1 orange rind
 1/3 cup orange juice
 2 cups flour
 ½ tsp. salt
 ½ tsp. soda
 ½ cup nuts (optional)

Icing:
 2 cups icing sugar
 ¼ cup butter
 2 Tbsp. orange juice
 1 tsp. orange rind

In large bowl, cream together butter, shortening and sugars. Add egg, orange rind and juice. In separate bowl, combine flour, salt, soda and nuts. Add to creamed mixture. Using a teaspoon, drop dough onto greased cookie sheets and bake at 375°F for 10 to 12 minutes.

Icing: In small bowl, mix together icing sugar, ¼ cup butter, 2 Tbsp. orange juice and 1 tsp. orange rind. Mix well and ice cookies while they are still warm.

GINGER COOKIES
**SUBMITTED BY GAIL
HUGHES**

¾ cup shortening
 1 cup white sugar
 1 egg
 ½ cup molasses
 1 tsp. baking soda
 1 tsp. cinnamon
 1 tsp. cloves
 1 tsp. ginger
 ¼ tsp. salt
 2 cups flour

In large bowl, cream together shortening and sugar. Add egg and molasses and beat well. In separate bowl, combine baking soda, cinnamon, cloves, ginger, salt and flour. Mix

together flour mixture and creamed mixture. Pinch off pieces of dough and roll into balls. Roll each ball in white sugar until lightly coated. Place balls about 2 inches apart on to cookies sheets and bake at 325°F for 12 to 15 minutes.



Your **news** when you **want it.**

Subscribe to
 The Journal Pioneer
 e-Edition today.
 Visit
www.journalpioneer.com

Smet
MONUMENTS
WAYNE GILLESPIE
 85 Sandy Cove Rd.
 Canoe Cove, PE - COA 1H7
www.smetmonuments.ca
 1-800-561-9686

Please
 call us for an
 appointment

MEMORIALS · CEMETERY LETTERING · CLEANING

Phone (902) 675-2437
wadegill48@gmail.com

7746935

LETTERS TO THE EDITOR

Use Dorian as a learning experience

Dear Editor:

The damages and dangers caused by Hurricane Dorian make me very concerned for our seniors. We Islanders are used to short power outages, but when phone services also go down there are a lot more risks to consider.

I know of one lady who lives alone and fell during the storm. She was on the floor for several hours because the phone system was down and her emergency alert necklace didn't work. This is every senior's worst fear. Even if she had been able

to get up, there was no way she could have called for help with the phone system out. She is now, fortunately, recovering.

My understanding is that cell phone services were down for many Islanders as well as volunteer fire departments that are dependent on their cell phones.

With no communication and little information distributed prior to the storm, people did not know where to get help. Where were the emergency centres? Were there any overnight shelters? Were there any centres of-

fering food or water? Maybe there were, but I didn't have a list.

Many people in rural communities had no power for days on end and their water supplies ran out. They had no toilets, no showers, and no drinking water left.

No one really knows how well prepared our seniors are in these cases. How do we know if they are in an emergency situation following a natural disaster? How do we monitor them over the week or so after a storm?

Not everyone has family close by

and accessible. There were no door-to-door checks. Wouldn't it be a great idea to have a volunteer committee in each community to knock on each door, identify those in need, and pass out a list of emergency centres and other information?

Hurricane Dorian was a warning. Now is the time to look at our response to this natural disaster, identify the gaps in our emergency services, and make necessary changes to save lives in the future.

Sincerely,
Dorothy Bailey

We need a reliable land-line telephone service

Dear Editor:

The recent storm which went through the Maritimes has revealed a serious problem with the telephone infrastructure. It seems as if approximately 30 to 40% of residents found themselves without land line telephone service shortly into the storm. This is something which has been almost unheard of in the past when we could rely upon the telephone in the event of a fire or medical emergency. This was not so during and after the latest storm.

The importance of having land line telephone service, particularly for older residents, is paramount given that some seniors are not comfortable using a cell phone. We believe that emergency alert systems also rely on a land line in case of emergency and many people were several days without this service.

Our understanding of the reason for this problem is that in the past land line telephones relied on a copper wire connection from the caller to the recipient of the call. Appar-

ently, telephone companies are routing land line calls over the internet now, which brings us to the next part of the issue.

We've been told that cell phone towers have a backup battery system, but the capacity is only good for about three hours from the time electrical service is interrupted. Once these batteries are depleted, cell phone service in the area fails and land line service is also interrupted. This is a potentially dangerous situation, as many people had no land

line or cell service to call 911 in case of emergency. The backup should be sufficient to provide service as long as the electric service is out of commission. A generator at each cell tower, with sufficient fuel, would be the answer to address this problem.

This is an issue which needs to be resolved before the next serious storm, as people's lives are at risk.

Sincerely,
Kelvin MacInnis
Grace Blackette
Three Rivers 50+ Club in Cardigan

NEWS.
THERE'S AN
APP FOR
THAT!



Your **news**
when you
want it.

Subscribe to The Guardian e-Edition today. Visit www.theguardian.pe.ca



NEWS.
THERE'S AN
APP FOR
THAT!



LEAP FORWARD SCAMS AND FRAUDS

Learning Elders Arts Program deadline nears

What to do if you are a victim

A reminder that applications for funding under the 2019/20 Learning Elders Arts Program are due on or before October 31st.

L.E.A.P. is a project-based initiative designed to provide Island adults 50+ with the opportunity to learn various arts from local artists.

Program funding enables seniors' groups, facilities and organizations to hire professional or semi-professional artists to teach various artistic disciplines such as visual and media arts, dance, instrumental or vocal music, theatre or musical theatre, literary arts, and folk arts and crafts.

Groups applying for the program must be established seniors' groups based on Prince Edward Island that have been actively operating for a minimum of twelve months prior to making application to the program. The maximum L.E.A.P. funding is \$3,500 per project for nonprofit organizations. Reduced funding is available to for-profit businesses who meet all criteria.

The L.E.A.P. program is funded by the P.E.I. Department of Economic Growth, Tourism and Culture under the direction of Minister Matthew MacKay.

For information or to obtain a Program Guide and Application, visit our web site at www.peiscf.com or contact the P.E.I. Senior Citizens' Federation office at 902-368-9008 or email peiscf@pei.aibn.com.

RCMP

Every year, thousands of Canadians fall victim to fraud, losing millions of dollars. Most didn't think it could happen to them, but fraudsters use sophisticated ways to target people of all ages. The impact of fraud on individuals, families and businesses can be devastating. Retirement savings, homes, businesses and in some cases, lives have all been lost.

Scammers victimize vulnerable Canadians, often individuals who may be at their lowest. The best way to fight these types of crime is through awareness. But, if you do become a victim, this is what you should know.

WHAT TO DO IF YOU ARE A VICTIM:

Step 1: Gather all the information you have about the fraud. This includes documents, receipts, copies of emails and/or text messages.

Step 2: Report the incident to your local police. This ensures that they are aware of which scams are target-

ing their residents and businesses. Keep a log of all your calls and record all file or occurrence numbers.

Step 3: Contact the Canadian Anti-Fraud Centre at 1-888-495-8501.

Step 4: Report the incident to the financial institution where the money was sent (e.g., money service business such as Western Union or MoneyGram, bank or credit union, credit card company or internet payment service provider).

Step 5: If the fraud took place online through Facebook, eBay, a classified ad such as Kijiji or a dating website, be sure to report the incident directly to the website. These details can be found under "report abuse" or "report an ad."

Step 6: Victims of identity fraud should place flags on all their accounts and report to both credit bureaus, Equifax and TransUnion.

WHAT TO DO IF YOU THINK SOMEONE YOU KNOW MAY BE A VICTIM. WATCH FOR ANY OF THESE WARNING SIGNS:

- A marked increase in the amount of mail with too-good-to-be-true offers.

- Frequent calls offering get-rich-quick schemes or valuable awards.

- Many calls for donations to unfamiliar charities.

- A sudden inability to pay normal bills.

- Requests for loans or cash.

- Banking records that show cheques or withdrawals made to unfamiliar companies.

- Secretive behaviour about phone calls.

If you suspect that someone you know has fallen prey to a deceptive telemarketer, don't criticize them. Encourage them to share their concerns with you about unsolicited calls or any new business or charitable dealings. Assure them that it is not rude to hang up on suspicious calls.

Keep in mind that criminal telemarketers are relentless in hounding people. Some victims report receiving five or more calls a day, wearing down their resistance. And once a person has succumbed to this ruthless fraud, their name and number will likely go on a "list", which is sold from one crook to another.

NEWS. THERE'S AN APP FOR THAT!



Your
news
when you
want it.



Subscribe to The Guardian e-Edition today. Visit www.theguardian.pe.ca

COMMUNITY NOTICEBOARD

The Voice publishes free community notices of interest to seniors. Notices should be under 50 words and include the event name, where and when it will be held, the cost, and a contact name and number.

Only One Hour a Week Can Make a Difference. Are you over 50 years of age and looking to make a difference in the life of someone else? The P.E.I. Friendly Visitor Program matches volunteers with local seniors for weekly one-hour social visits. Matches are based on location, gender, and shared inter-



Your
news
when you
want it.

Subscribe to The Guardian e-Edition today. Visit www.theguardian.pe.ca

HOME VISIT

FOOT CARE
Charlottetown

Foot Care Package
only \$35⁰⁰ tax incl

Call for appointment
Coleen Swim 892-0456
or 388-1713

7813138

ests. We offer free training and support to our Friendly Visitor volunteers. For information about the program or to obtain a volunteer application, contact program coordinator Beth at 902-368-9008 or email peifvp@gmail.com.

The Eptek Centre Book Club meet on Thursday, October 3rd at 7 p.m. at the Eptek Art and Culture Centre, 130 Heather Moyse Drive on the Summerside waterfront, when they will discuss *The Sun and her Flowers* by Rupri Kaur. New members are welcome. For information call 902-888-8373, or visit www.peimuseum.com.

Free Lunchtime Films are shown at noon at Eptek Art and Culture Centre, 130 Heather Moyse Drive in Summerside: Oct. 3rd Touring through Great National Parks of America: Olympic and Acadia; Oct. 10th Australia's Ancient Wilderness: Kakadu; Oct. 17th Around the World in 80 Treasures: Turkey to Germany; Oct. 24th Around the World in 80 Treasures: India to Sri Lanka; Oct. 31st Around the World in 80 Treasures: Australia to Cambodia. Bring a sandwich, the Friends of Eptek provide tea, coffee, and cookies. Donations gratefully accepted for refreshments. For information call 902-888-8373 or visit www.peimuseum.com.

The Annual Stoma Stroll Awareness Walk will be held on Saturday, October 5th. Registration opens at 9 a.m. and walk begins at 10 a.m. from the McMillan Hall of the W.A. Murphy Student Centre walking to the Farmer's Market. There will be a Silent Auction and Door Prizes. All funds raised will be donated to Ostomy Canada.

Gather for a Fall Colours Walk at the Tracadie Community Centre on Sunday, October 6th at 2 p.m. for a walk along the Confederation Trail. The walk is hosted by the Tracadie Good Neighbourly Club, is free and is open to all ages. For information call 902-330-2248.

A 55 Alive Driving Refresher Course will be hosted by the Eastern Kings Senior Neighbours' Club at the Eastern Kings Community Centre, 85 Munns Road on Wednesday, October 9th and Thursday, October 10th from 9 a.m. to noon. For information or to register, call Minnie at 902-357-2736. This refresher course for adults 55 years of age and over is conducted over two days in a classroom setting using a

PowerPoint presentation, student workbooks, and group discussions guided by an experienced instructor. A fee of \$10 per person covers the cost of the course manual and refreshments and is payable the first day. There is limited seating and preregistration is recommended.

The Wo-He-Lo Club Annual Fall Clothing Sale will be held on October 16th (noon to 4 p.m.), 17th (8 a.m. to 8 p.m.) and 18th (9 a.m. to 1 p.m.) at the Queen Elizabeth Hospital, Classrooms A and B. Sale of high quality, gently used fall and winter clothing for women, men and children. For information, contact Sheila at 902-894-2425.

A Meet and Greet will be held on Sunday, October 20th from 2 to 4 p.m. at St. Peter's Circle Club, 1917 Cardigan Road, Route 2. Come out and meet your neighbours, local organizations and businesses. Everyone is welcome.

The Ross Family Ceilidh will be held on Sunday, October 20th at 2 p.m. at The Playhouse, Victoria Hall, Victoria by the Sea. This afternoon of lively fiddle, piano music, step-dancing and more is only \$20 at the door, with proceeds benefiting the Victoria Historical Association. For information, email vhapei2019@gmail.com.

Are You Lonesome Tonight? On Sunday, October 20th at 7:30 p.m. Phase II and Friends play at least 20 Elvis songs (rock-n-roll, blues, country, gospel) and even his Gene MacLellan tunes at St. Paul's Church in downtown Charlottetown. The band's brand new CD will be available. Admission \$12 at the door. For information call 902-393-3251.

A Ceilidh Concert will be held on Sunday, October 27th from 7 to 9 p.m. at the Bonshaw Hall. Special guests and local musicians: Tony the Troubadour, Herb MacDonald and/or Phil Pineau. Lunch, 50/50 draw, and open stage time. Accessible for small wheelchairs. Admission by donation with proceeds to benefit McKillop Centre for Social Justice. For information call 902-675-4093 or visit us on Facebook.

A Gigantic Auction Card Party will be held on Monday, October 28th at Kinkora Place, 45 Anderson Road at 1:30 p.m. Cost is \$7. Prizes (\$100, \$75, \$50), 50/50, includes lunch, door prizes. Bring a partner. For information call Les at 902-887-2851 or Georgie at 902-877-2267.

Premiere Toastmasters meets at the Royalty Center, 40 Enman Crescent in Charlottetown on Wednesdays from 6 to 8 p.m. Guests welcome. For information contact Simonne at Simonne9189@hotmail.com or 902-394-0612.

Speak Easy Toastmasters meets at Community Connections, 701 Water Street West in Summerside the first and third Wednesday of each month from 6 to 8 p.m. Guests welcome. For information contact Geri at GMacKendrick@gmail.com or 902-859-2456.

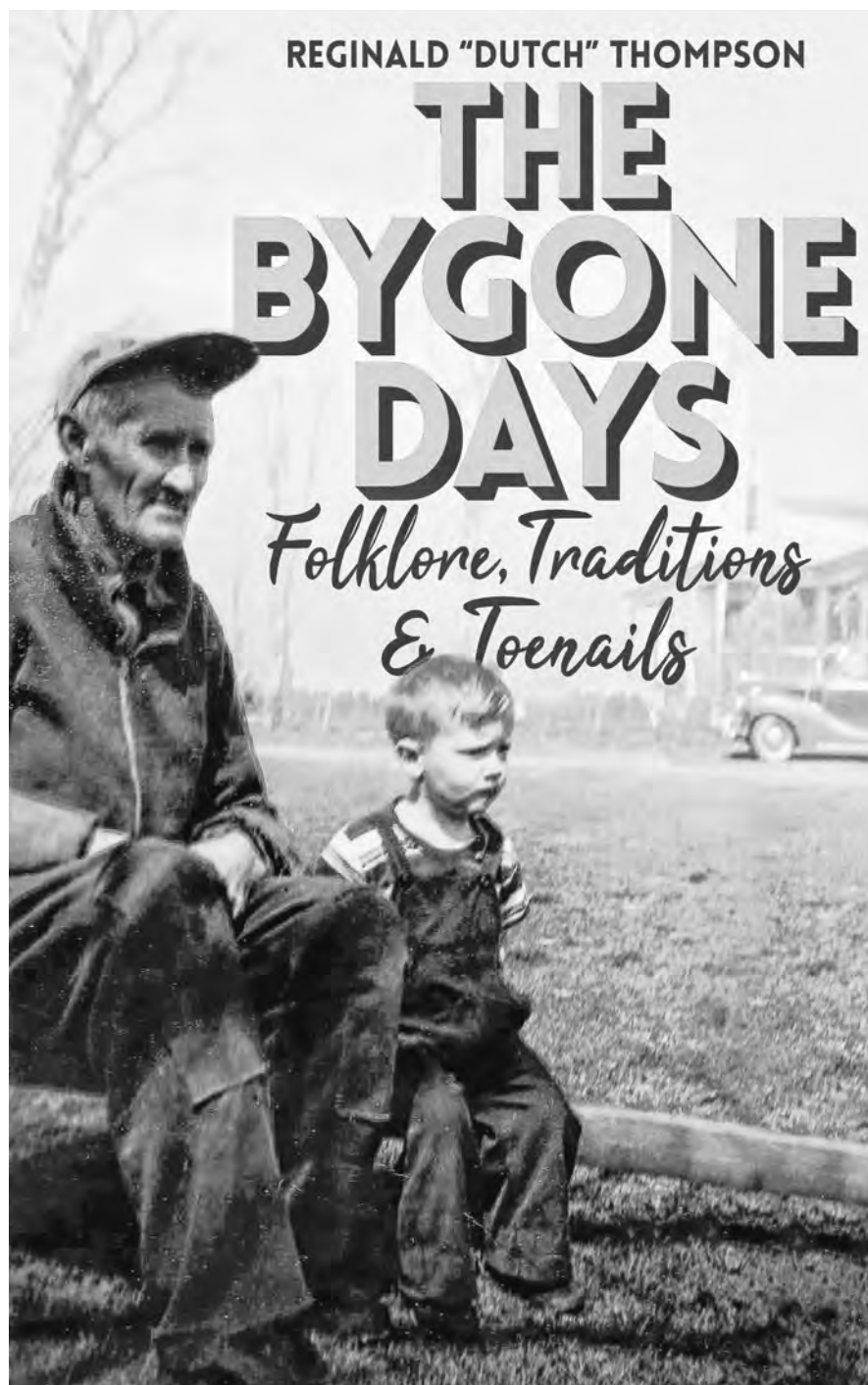
P.E.I. Sociable Singles, a non-profit, non-denominational, social group, for age 40 and over, provides the separated, divorced, widowed, and unmarried an opportunity to participate in group and social activities. For information call Judy at 902-894-4851 or visit <https://sites.google.com/site/peisociablesingles>.

Charlottetown Toastmasters Breakfast Club meets Tuesdays at Smitty's Restaurant, University Avenue from 7:30 a.m. to 8:30 a.m. Guests welcome. For information contact Norma at Norma.Pasatieri@gmail.com or 902-439-3396.

The Hear, Hear PEI Program accepts donations of hearing aids to assist in its goal of providing hearing aids to Islanders who could not otherwise afford them. If you have hearing aids that you are not using, simply bring them to one of our drop-off locations. This donation will help us to change someone's life by providing the gift of hearing. Drop-off locations include: Murphy's Pharmacies in Charlottetown, Cornwall, East Royalty, Kensington, Morell, North Rustico, Parkdale, Stratford, Heather Moyse Drive in Summerside, Central Street in Summerside, Tyne Valley, Wellington and West Royalty; P.E.I. Hearing Consultants, Poly Clinic Building, 199 Grafton Street, Suite 310, Charlottetown; In the Montague area, call Russ at 902-838-3454; In the Souris area, call Margaret at 902-854-3114.

A reminder to begin preparing your entry to the Festive Wreath Exhibition and Contest. Drop off for entries will be mid-November at the Confederation Centre of the Arts. Contest categories include: children solo, children group, traditional, green living (recycled items), off the wall and business. Entry fee is \$5. For information call 902-628-6141 or email friends@confederationcentre.com.

Seniors Gather in Summerside



A gathering of seniors from across the Island will be held on Thursday, October 24th at Credit Union Place, 511 Notre Dame Street in Summerside. This gathering is a meeting of the PEI Senior Citizens' Federation and is open to all seniors (adults 50+).

"We are pleased to have Island storyteller Dutch Thompson present funny and interesting stories from across the Island," says Noiles. "His recently launched book, *The Bygone Days: Folklore, Traditions and Toenails* will be available for purchase during lunch."

An upbeat event, the general meeting is a great mix of entertainment, door prizes and awards, brief informative speakers and great food.

"Since we've encountered poor weather the past few years when we've held our fall meeting in November, the Board of Directors decided to change the meeting to October," said Seniors' Federation President Russ Noiles.

"We alternate our fall meeting between Kings and Prince counties and we are pleased to be in Prince County this year. The Credit Union Place has ample parking, great meeting space, and is frequently used by local seniors, so it is the perfect location to hold our gathering."

Registration starts at 8:30 am, and the meeting begins promptly at 9:30 am. A morning coffee break with muffins and coffee or tea will be served around 10:30 am and a hot



Dutch Thompson

plated lunch of roasted pork loin with gravy, mashed potatoes, carrots and turnip, dinner rolls, dessert sweet plates, coffee and tea is served at noon. The cost of registering for the gathering is only \$22.95 per person.

Preregistration and prepayment is required. The deadline for registration is Thursday, October 17th. Registrations may be sent by mail to: PEI Senior Citizens' Federation, 40 Enman Crescent, Suite 214, Charlottetown, PE C1E 1E6 or in person at the Federation Office between 9 a.m. and 1 p.m., Monday through Friday. There is usually someone in the office from 1 to 4 p.m., but you may want to phone in advance.

For additional information about this gathering, contact the office at 902-368-9008.



EXCELLENCE IS
IN YOUR HANDS.

Donate today.

1.800.595.2266 | iwkfoundation.org

SUBSCRIBE TODAY!

902-629-6000 ext 6003 *The Guardian*

SENIORS' FEDERATION CLUB ACTIVITIES

BARBARA YOUNG

Following are October activities open to all seniors. Clubs may hold additional activities for members only that are not listed here. Visit your local club for a complete schedule. Unless otherwise specified, club activities are held at the meeting location. Visitors and new members are always welcome. For information contact the Federation office at (902) 368-9008.

Belfast. Selkirk Millennium Club meets at the Belfast Recreation Centre, 3033 Garfield Road the 3rd Wednesday of each month at 2 p.m. for meeting, lunch, games or entertainment.

Borden-Carleton Seniors' Club meets in the Seniors Housing Common Room, 190B Howatt Street the 3rd Wednesday of each month at 1:30 p.m. for meeting, guest speaker/discussion. Activities: Mondays, cards (50/50, door prize, \$4) at 7:30 p.m. at the Borden Legion.

Cambridge. Southern Kings 50+ Club meets at the Cambridge Hall, 425 Cambridge Road (Route 17A) the 3rd Tuesday of each month at noon for potluck, brief meeting, speaker/discussion. Activities: Tuesdays, Yoga (regular and chair, \$8) at 6:30 p.m. Cribbage to start later this month. Come browse our mini library.

Cardigan. Three Rivers 50+ Club meets at the Cardigan Village Office, 338 Station Road. Activities: Oct. 16th All Saints RC Hall, Bygone Days with Dutch Thompson, 1:30 p.m., refreshments, book signing; Oct. 27th Lorne Valley Hall, 2 to 5 p.m. for music, food, fun and friends. Halloween dress optional, costume prizes, free. All welcome. Visit us on Facebook!

Charlottetown. Seniors' Active Living Centre has daily activities at the Bell Aliant Centre, University of PEI, 560 University Avenue. For information call 902-628-8388.

Cornwall and Area 50+ Club meets at the Cornwall Civic Centre, 11 Cornwall Road. Activities: Tuesdays, Auction and Crib (50/50, refreshments, \$2) at 1:30 p.m.; Thursdays, Skip Bo and Bridge (\$2) at 1 p.m. Meetings resume in October.

DeBlois. Les Club des Coeurs Joyeux meets at Le Centre Acadien de Prince-Ouest, 119 chemin, DeBlois the last Tuesday every 2nd month at 11:30

a.m. for meeting and refreshments. Activities: Tuesdays, cards (refreshments) at 1 p.m.

Dunstaffnage Seniors' Club meets at the Olde Dunstaffnage School Centre, 13539 St. Peters Road (Route 2) the 2nd Monday of each month at 1 p.m.

East Royalty Seniors' Club meets at Malcolm J. Darrach Community Centre, 1 Avonlea Drive Thursdays for card parties (50/50, light lunch, \$3) at 1:30 p.m.

Fort Augustus. Shamrock Seniors' Club meets at 44 Father Brady Lane (off Route 21) the 1st Monday of each month at 1 p.m. for meeting, refreshments and speaker. Activities: Sundays, men's cards (\$2) at 7 p.m.; Mondays, 45's (light lunch, \$2) at 1 p.m.; Wednesdays, Line Dancing with exercise 9:30 a.m.; Foot clinic (\$25) every 2nd month.

Georgetown Seniors' Group meets at 63 Kent Street, Building B the last Wednesday of each month at 6 p.m. for meeting, lunch and Bingo. Activities: Wednesdays, Prize Bingo (free) at 6 p.m. Visit us on Facebook!

Kensington. Happy Group Seniors meets at Seniors Housing, 8 Walker Drive the 1st Tuesday of each month at 2 p.m. Activities: Saturdays, card party (50/50, door prizes, \$3) at 1:30 p.m.

Kensington. Senior Surfers' Club meets at 25A Garden Drive (beside the Kensington Rink) on Tuesday, October 8th at 10 a.m. for meeting. Activities: Mondays, exercise class (\$1) at 1 p.m.

Kinkora. Maple Leaf Seniors' meets at Kinkora Place, 45 Anderson Road the 1st Monday of each month at 1:30 p.m. Activities: Wednesdays, Exercise Class (beginning Oct. 16) at 11 a.m.; Thursdays, Primary Care Clinics from 8:30 a.m. to noon (call 902-432-2600 for appointment); Oct. 28, Giant Auction Card Party (bring partner, lunch, \$7) at 1:30 p.m.

Miscouche. Silver Maple Seniors' Club meets at the Seniors Club, Miscouche Fire Hall, 21 Main Drive East the 1st Thursday of each month at 1:30 p.m. for meeting and Bingo. Activities: Tuesdays, 45's (50/50, cash prizes, \$5) at 7 p.m.; Fridays, Bowling (\$7) Credit Union Place at 1:30 p.m. New members welcome. Hall available for rental.

Mont-Carmel. Le Club d'âge d'or de Mont-Carmel meets at the Mont-Carmel Seniors Com-plex. New members welcome. Meetings are held in French.

Les membres du Club d'âge d'or de

Mont-Carmel se rencontrent au Foyer de Mont-Carmel. Nou-veaux membres sont les bienvenus. Les réunions se tiennent en français.

Montague 50+ Club meets at the Montague Legion, 15 Douses Road the 1st Wednesday of each month at 11 a.m. for meeting and potluck. Activities: Wednesdays, Line Dancing at 9 a.m., Crafts Group at 10 a.m., Euchre and Crib at 1 p.m.

Morell Legion Seniors' Club meets at the Morell Fire Hall, 15 Park Street the last Tuesday of each month at 1 p.m. for meeting, lunch and speaker or cards.

Mount Stewart. Lady's Slipper 200 Year Club meets at the Mount Stewart Community Centre, 87 South Main Street the 1st Thursday of the month for meeting, darts and dinner out. Activities: Tuesdays, Yoga (\$2) at 10:30 a.m.; Thursdays, Yoga (\$2) at 10:30 p.m., darts at 2 p.m.

Munns Road. Eastern Kings Senior Neighbours' Club meets at the Eastern Kings Community Centre, 85 Munns Road the 1st Wednesday of each month at noon for meeting and potluck lunch. Activities: Crokinole and cards begin in late October.

Murray Harbour. Friendly Circle Seniors' Club meets at the Murray Harbour Community Centre, 27 Park Street the 1st Thursday of each month for potluck luncheon (bring a dish, \$2) at 11:45 a.m.

North Rustico. Star of the Sea Seniors' Club meets at 11 Sunrise Crescent the last Wednesday of each month at 1:30 p.m. Activities: Tuesdays, Choral Group at 10 a.m., Card party at 7 p.m.; Wednesdays, Stitch Group at 9:30 a.m.

O'Leary. Seniors' Sunshine Club meets at the O'Leary Community Centre, 11 Community Street the 1st Friday of each month at 2 p.m. for meeting, lunch and cards. Activities: Fridays, Rook and Cards (lunch, \$3) at 7 p.m.

Rustico Bay Seniors' Club meets at 2104 Church Road the 2nd Monday every other month at 1:30 p.m. for meeting. Activities: Mondays, cards (\$5) at 7 p.m.; Saturday (every 2nd) Dance, music by Country Steel (light lunch, admission at the door) from 8 to 11 p.m.

St. Peter's Circle Club meets at 1917 Cardigan Road, Route 2 the 3rd Thursday of each month at noon for meeting, lunch (\$2) at 1:30 p.m. Activities:

Mondays, cards and games (\$2) at 1:30 p.m.; Tuesdays, Crokinole (snack, \$2) at 10 a.m.; Wednesdays, Stay-a-While Program from 9 a.m. to 3 p.m.; Progressive 45s (lunch, \$7) at 7:30 p.m.; Fridays, Yoga (\$3) at 10 a.m., Ceilidh (\$5) at 7:30 p.m.; 2nd Saturday of each month, MEWS (Men Eating Without Supervision) breakfast (\$5/\$6) from 8 to 10 a.m.; Oct. 19 (Sat.) Potluck and games night; Oct. 20 (Sat.) Meet and Greet from 2 to 4 p.m. open to the community.

Souris. Silver Threads Seniors' Club meets at 78 Main Street in Souris the 3rd Wednesday of each month at 1 p.m. Activities: Mondays, card party (50/50, jackpot, lunch, \$8) at 7 p.m.; Tuesdays, Bridge (lunch, \$4) at 7 p.m.; Thursdays, Fun Bingo at 1 p.m.; Fridays, card party (prizes, lunch, \$1 per corner) at 7 p.m.; Oct. 2, 16 and 30, Ceilidhs (open mic, lunch, \$5) at 8 p.m.

South Shore 50+ Club meets at Tryon Baptist Church Hall on Oct. 17 for Afternoon at the Movies (free) at 1 p.m., Oct. 24 Speaker Series: Estate Planning at 1 p.m. Meets at Crapaud Curling Club on Oct. 1, 15 and 29, Crokinole (\$2) at 1 p.m.; Oct. 8 and 22, Auction and Crazy 8s (\$2) at 1 p.m. Meets at Crapaud Library on Oct. 10, Book of the Month Club at 3:30 p.m.

Stratford. Mayflower Seniors' Club meets at the Robert Cotton Centre, 57 Bunbury Road the 2nd Monday of each month at 1:30 p.m. for meeting, guest speaker, dessert. Activities: 2nd Sunday and 3rd Tuesday of each month, Ceilidh (light lunch) at 7 p.m.; Mondays, Crafts Group at 9:30 a.m., Auction 45s (50/50, door prizes, \$2) at 7:30 p.m.; Tuesdays, Auction 45s (50/50, door prizes, \$2) at 1:30 p.m.; Wednesdays, Line Dancing (by donation) at 10:30 a.m.; Thursdays, Bridge (door prizes, lunch, \$2) at 1:30 p.m., Cribbage (door prizes, lunch, \$6) at 7:30 p.m.

Summerside. Parkview Seniors' Club meets at 335 Central Street the 2nd Monday of each month at 1:30 p.m. Activities: Mondays, Cribbage at 7 p.m.; Tuesdays, Bingo at 1 p.m.; Auction 45s (50/50, door prizes, \$2) at 7 p.m.; Wednesdays, Line Dancing at 1 p.m.; Thursdays, Canasta (\$1) at 1 p.m., Auction 45s (50/50, door prize, \$2) at 7 p.m.; Fridays, Painting at 9:30 a.m.

SEE MORE LISTINGS, PAGE 13

SENIORS' CLUB ACTIVITIES

Tracadie. Good Neighbourly 50+ Club meets at the Tracadie Community Centre, 148 Station Road the 4th Monday of each month at 7 p.m. for meeting, guest speaker. Activities: Tuesdays, Yoga (\$4) at 9:30 a.m., Cards/45s (\$7) at 7:30 p.m.; Thursdays, Cardio Fitness (\$4) at 9:30 a.m.

West Royalty Seniors' Club meets at the West Royalty Community Centre, 1 Kirkdale Road on the 1st Monday of each month at 1:30 p.m. for meeting, lunch. Activities: Tuesdays, Knitting Group at 9:30 a.m.; Fridays, Auction (50/50, door prizes, \$2) at 1:30 p.m.

Wheatley River. Club 46 meets the last Tuesday of each month at noon. Contact the Seniors' Federation for information.

GEEZER'S POEM

THE GOVERNMENT WE DESERVE BY DALE DAWSON

We get the government we deserve
said the old man to the youth

When election time rolls around
they get careless with the truth

They'll promise this and promise that
and say that they'll do more

The leader will stand straight and proud
like he's often done before

He'll say the things you want to hear
and his meaning is quite clear

His message is sunny ways for all
and you'll shed a happy tear

Past scandals quickly fade away
in your youthful trusting mind

The Cabinet ladies he tossed out
were the best you'll ever find

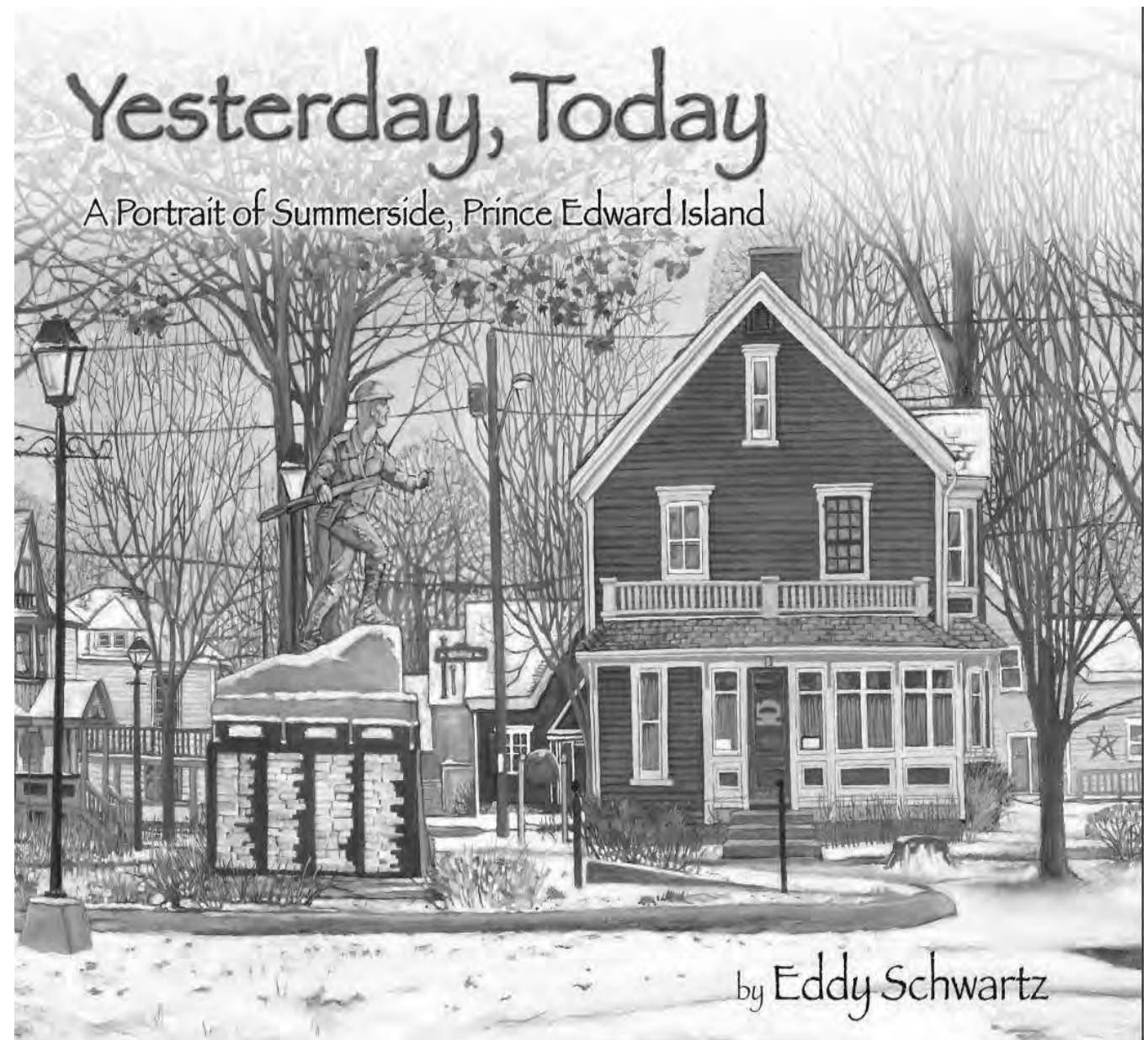
And so young lad I'll say once more
we deserve what all we get

He'll lead us down the garden path
and fly off in our jet.

NEWS. THERE'S AN APP FOR THAT!



BOOK NOOK



Yesterday, Today: A Portrait of Summerside

NIKKIE GALLANT

We invite you to take a stroll around Summerside, through the eyes of artist Eddy Schwartz.

When artists Eddy Schwartz and Bernadette Kernaghan chose Summerside as their home, they were moved by the tranquility of Prince Edward Island and astounded by the beautiful old homes they found

in Summerside.

The old homes were so well preserved that Schwartz decided he would capture them on canvas. To date, Eddy has completed thirty-six paintings of Summerside homes and buildings, gathering them into his recently launched book, *Yesterday, Today: A Portrait of Summerside*.

As you flip through the pages of his new book, you'll see Eddy's paintings alongside the his com-

mentary and illustrations. Historic details about the buildings are also included, providing insights into Summerside's heritage.

Yesterday, Today: A Portrait of Summerside by Eddy Schwartz is now available at the Eptek Art and Culture Centre gift shop, 130 Heather Moyses Drive on the Summerside waterfront and at other books stores on the Island.

GRANDPARENTS' CORNER

What's in a Word?

The English language is always evolving and each generation has incorporated new words into daily speech as well as discarding some words which eventually disappear from everyday language. I well remember the introduction of “computer speak” in the late 1960’s which left older folks completely baffled and, at the time, many did not appreciate that the initials PC stood for personal computer!

A committee of the Oxford English Dictionary meets every few months to examine words that have come into existence, although the daily use of words for about ten years is generally required before adding them to the dictionary. There are occasional exceptions, as in the case of a synthetic chemical element called “livermorium” which has only been around since 2012. This created, non-natural element was considered too fundamental and important to be left out of the dictionary.

Some words added to our lexicon of language have originated with playwrights such as Richard Sheridan, creator of the character Mrs. Malaprop who constantly substituted a similar sounding word for the correct one in his play *The Rivals* and hence created the word malapropism.

The late Roald Dahl, a popular children’s author, has now had some of his words such as scumdidlyumptious and Oompa Loompa added to the dictionary. A few of the more recent additions include Disney, e-commerce, electronic warfare, mommy-blogger, passive-house, and grandparenting.



Jan
King

One word that hasn’t yet made it into the dictionary is Brexit, but experts believe it is only a question of time before this oft used word is listed!

Our grand-ones probably don’t even notice that words we are familiar with in a particular context have now been high-jacked and incorporated into Techno-language. The word platform, for example, may conjure up an area where people congregate whilst waiting for a train. But, nowadays it is more likely to mean a website that hosts user-generated content or a car manufacturer’s base design from which a whole range of different models are produced.

Twitter is something we thought we heard from birds, but is now a web-based communication source.

Some techie words may sound the same, but are spelt differently. For example, Islanders probably associate the word phishing with hooks and lines and lobster traps but in reality, although sounding the same as fishing, it means the use of fraudulent e-mails which induce individuals to reveal personal information such as credit card numbers and passwords.

Or how about click-bait? No, this isn’t an easy way of snagging a worm on a hook, but rather it is internet site content with the sole purpose of attracting more visitors to a particu-

lar website.

If you hear your grand-ones talking about Fifth Generation, they aren’t speculating on family ancestry, but are more likely referring to computer technology that is very advanced and includes artificial intelligence.

There was a time not too long ago when the word cloud meant something floating in the sky. But, now it can mean a way of storing personal data away from your computer and possibly giving tech companies more personal information than you intended.

Smart no longer applies solely to your talented grand-kids, but nowadays days is more likely to be used when referring to any product that can be hooked up to the internet.

Apple is now a recognized company name in addition to being a fruit and Amazon is commonly recognized as a shopping network rather than a region in South America.

Mobile refers to our cell phones rather than a personal activity and applications, shortened to Apps, represents anything that can be added to our computers or mobile devices. Apps can be categorized under a variety of headings: travel, lists, music, educational, banking, etc. It is worth noting that where Educational Apps are concerned nobody, to date, regulates the word educational to describe these learning-based programmes and the present advice states that the learning potential is enhanced when the child uses the application with adult guidance.

In broader terms, words such as runway means the amount of venture capital a start-up company has left before turning a profit. And unicorn also refers to a start-up company valued at least 1 billion dollars are used when referring to technology-based businesses.

Uber, another recent innovative company word, falls into this latter category.

If you or your grand-ones are feeling particularly creative you might like to invent your own computer speak – who knows it may end up in the Oxford English Dictionary one of these days!

Jan King and her husband Roger live in Hunter River. She is Past President of Star of the Sea Seniors’ Club in North Rustico.

POEM

DOORS
BY CLARE MULLEN

It is nice to open the door
and feel the outside air.
Someone else is coming,
so I hold it to show I care.
Doors will open in your life,
your future may be there.
Sometimes in life a door will close,
but that is usually rare.

NEWS.
THERE’S AN
APP FOR
THAT!



STRAIT TALK

Fulfilling a Confederation Promise

On October 15, 1917 the first scheduled round trip of the S.S. Prince Edward Island between Port Borden P.E.I. and Cape Tormentine, N.B. took place – achieving the goal of “continuous steam communication” which had been part of the Confederation conditions under which the Dominion joined the Island in 1873.



Harry Holman

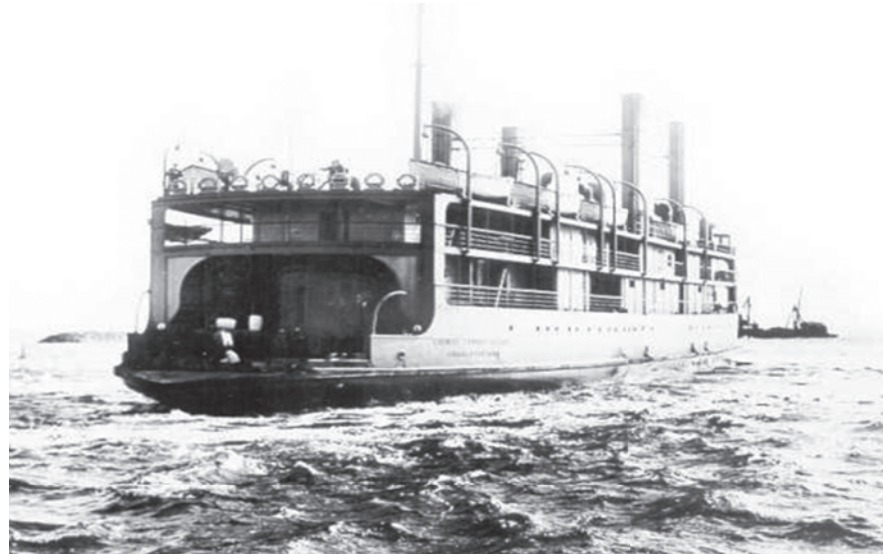
Without a ribbon cutting and an official ceremony (unthinkable today) the trip was a modest beginning for an Island travel tradition which did not end until the opening of the Confederation Bridge in 1997.

In reality the ferry had been operating on the route for several weeks, but the freight consisted only of supplies and materials for the completion of wharves, tracks and rail yard on the Borden side. The project had been a massive undertaking and had been the biggest construction seen on the Island since the building of the Hillsborough Bridge and the Murray Harbour branch railway.

Although there had been a rudimentary wharf on the Cape Tormentine side built when the New Brunswick and Prince Edward Railway reached the end of the peninsula in 1886, the wharf and the entire rail line had to be upgraded.

On the Prince Edward Island side a branch line had been built to Cape Traverse from Emerald so only a short addition was required to bring the line to the site at Carleton Head. This extension was built in part by using German prisoners of war.

Wharves extending to a minimum



One of the earliest photos of the S.S. P.E.I. leaving port. Much of the upper deck with the first-class lounge was removed when the ship was altered to carry automobiles in the 1930s.

Photo: National Museum of Science and Technology.

low-water depth of 20 feet had to be lengthened into the Northumberland Strait as there was no natural harbour on either side. At the same time the rail marshalling yard where goods were transferred from standard gauge mainland rail cars to the narrow gauge PEIR cars had to be built.

Another feature of the site was the development of Port Borden, the first planned community on the Island since the county towns were laid out in the 1770s. On the streets of the new town, named for Prime Minister Robert Borden, buildings were constructed while others were hauled from Cape Traverse to their new sites. All of this activity was a draw for excursionists and visitors.

The benefits for the Island started immediately. The difference in capacity of the mainland line and the diminutive P.E.I Railway is illustrated by the fact that on the first trip from Cape Tormentine to the Island the

S.S. P.E.I. carried 12 Intercolonial cars which represented loads for 24 cars of the Island’s railway. Loading and unloading the rail cars onto the ferry took only 25 minutes and it is perhaps fitting that the first commercial crossing to New Brunswick consisted entirely of rail cars of potatoes.

Even with the need to transfer goods from one type of car to another, the new ferry reduced the bottleneck for shipping which had previously required that everything be taken off the rail cars by hand, loaded on board ships, taken off the ships and re-loaded onto the mainland rail cars. Now, in the Borden rail yard the cargos could be transferred directly from rail car to rail car and loaded directly aboard the ferry to connect at Sackville with mainland trains.

For passengers the S.S. Prince Edward Island was a luxurious interval in their rail journey. It had a smoking

room, ladies cabin, first and second class lounges and a dining room. The interior resembled a scaled down ocean liner with mahogany paneling and carpeted decks.

The ship had been launched in England in 1914 and travelled between Charlottetown and Pictou for two years while waiting for the Borden and Tormentine piers to be completed.

The S. S. Prince Edward Island remained on the route for more than fifty years, finally being retired in 1968.

Initially there were only two round trips per day. One could leave Charlottetown at 6 am, take the morning ferry at 8:55 and be in Sackville before noon to connect with the Ocean Limited to Montreal. The afternoon ferry trip at 4:20 allowed rail passengers to connect with the Maritime Express.

I was fortunate to have been one of the hundreds of Islanders who served on the S.S. Prince Edward Island over her lifespan. Working as a purser on the vessel in her final years she became my favourite of all of the ferries and like many Islanders I have fond memories of crisscrossing the Strait and the many days and nights aboard the old Prince.

An archivist, historian and small boat sailor, Harry Holman shares Island sea stories on his award winning site www.sailstrait.wordpress.com.

The Guardian

SUBSCRIBE TODAY!

902-629-6000 ext 6003

TAKE THE HEARING CHALLENGE 2019



“CHALLENGE YOURSELF
TO HEAR BETTER.”

- STEVE WONG
Board Certified Hearing
Instrument Specialist (BC-HIS)



Viron miniRITE

*Do you find it hard to follow conversations? Do you have trouble with background noise?
Do you hear the person in front of you but not from further away?*

If you missed it, the conversation moves on and you can't catch up. If you have hearing loss, fewer sounds reach your brain, making it work harder to fill in the blanks and make sense of what's being said. Bernafon's Viron hearing aids feature new technology that analyzes your environment based on 32,000 data points per second. What does this mean for you? Viron hearing aids offer enhanced speech understanding in challenging and noisy situations. **Reconnect with conversations NOW. Call us today for more information.**

If you decide to purchase this new technology, and donate your old hearing aids to Hear, Hear PEI, we will offer you a **premium package at no charge** (Approx. a \$1000 value).*

*some conditions apply

Take the challenge and call us to schedule a free hearing assessment!

PEI
Hearing
Consultants

LOCATED IN THE POLY CLINIC BUILDING
902.629.8834 | **199 Grafton St., Suite 310**
902.218.1345 | **Charlottetown, PE**

PROUD SUPPORTERS OF
HEAR, HEAR PEI



www.peihearing.com